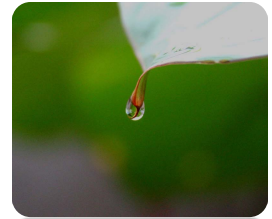


Essential Oils

Then & Now Newsletter

- By Joanna Barrett, RN, CNHP, FCCI



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OUR STORY

I was told that as a little child I carefully carried a glass of water, my hand over the top so it wouldn't spill, up the stairs to my great-grandmother's room and told her that, when I grew up, I was going to be a nurse and take care of her. I did become a nurse and I loved it. With doctors and nurses on both sides of the family, it was only natural. But natural health was what I grew up with - Adelle Davis, Mom's big gardens, my Dad and Dr Carey Reams, ND. My parents moved to North Carolina and when we visited I listened to my Dad's witnessed accounts of people being cured of diseases and especially cancer by unconventional methods.

Mer pooh-poohed the talks of herbs and alternative medicine, but he had headaches almost every day until someone suggested some herbs and supplements. After awhile it dawned on him that he hadn't any headaches for quite a while. There began our schooling and classes in many and various health modalities that seemed to work.

I left allopathic nursing when I began to fall asleep at work, which got me into some trouble. A sleep test showed I had (genetic) narcolepsy and I should have 2 naps a day. Who has time for that? The prescribed medicine made my speech slow and slurred. Idiopathic hepatitis, chronic fatigue syndrome, and then fibromyalgia developed and, at that time, there were no medicines. After that, cancer of my parotid gland was discovered. After much prayer for God's will I decided against surgery and chemo and chose obedience to James 5:14. I was anointed and prayed over by my Pastor and deacons. For these experiences I am grateful. I found the healing power of my God, prayer, good nutrition, herbs, supplements and essential oils. Now, except for occasional narcolepsy predicaments I haven't conquered because of my inconsistent work at it - I'm free of the rest of the dis-eases.

It is the God-given oils that I love the best because of their healing work on all levels - mental, emotional, spiritual, physical, social, financial, and so much more. Incredible healing to the cellular level and even to the mis-information in the DNA. Mer saw someone give a Raindrop and came home to tell me that is something that I'd like to do. A three-day seminar later and much subsequent study opened a whole new avenue of good health. Although we have had good success in our Natural Health office and our teaching of 3-day CARE (Center of Aromatherapy Research and Education) seminars, it is not yet time for Mer to leave his full time job. Most of the people we taught were Young Living distributors. Our mission now is reaching the people who don't already know the blessings of these exceptional essential oils.

For the work we love and feel called to do.

Joanna