

Essential Oils

Then & Now Newsletter

- By Joanna Barrett, RN, CNHP, FCCI



February 2009

CODE OF ETHICS

I have been taking some advanced aromatherapy classes required through the Natural Therapies Certification Board. The past assignment has lead me to write my code of ethics. In the natural field we have to be careful not to be accused of practicing medicine without a license and to be careful of our wording in that regard. I even went to the Department of Education Professional level for policies for Registered Nurses so that what I would say would be clearly accurate. I am perhaps premature in sharing this as I have not been graded yet and may need to tweak some wording.

MY CODE OF ETHICS

“My name is Joanna Barrett. I am a New York State Registered Nurse, a Certified Natural Health Professional (CNHP) through the National Association of Certified Natural Health Professionals, a Fully Certified CARE Instructor through the Center of Aromatherapy, Research and Education, a Board Certified Raindrop Specialist (BCRS) through the Natural Therapies Certification Board, and a Licensed Spiritual Healer through the Alliance of Christian Healers Licensing Board. I have a Diploma from the Trinity College of Natural Health which awards the designation of Certificate in Nutritional Counseling. I am currently in training toward becoming a Board Certified Aromatherapy Healer Coach through the Natural Therapies Certification Board.

I am not a medical doctor, chiropractor, psychotherapist, or massage therapist. I do not medically diagnose or provide medicines for disease.

I have a nurse’s eye for assessing client’s health concerns, and side effects of drugs which may contribute to their symptoms. Although I cannot cure, leaving that aspect to the Great Physician and the client, I do promote a healthier lifestyle and personal well-being. I am qualified to share what I know about aromatherapy, including how essential oils are mentioned and used in the Scripture and historically. I recommend therapeutic grade essential oils and essential oil based products sold by Young Living Essential Oils Inc., a network marketing company. I am qualified as a CNHP to teach about herbs, and vitamins, healthier foods and water. As a RN in NYS and a BCRS I am qualified to teach and perform the Raindrop Technique, a type of massage and a laying on of hands for stimulating the holistic well-being of those who seek me out.

I am committed to continual education in the field of complementary health. I am committed to practice with compassion and respect for the inherent dignity, worth and uniqueness of every individual unrestricted by conditions of social or economic status, personal attributes, or the nature of health problems.

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My primary dedication is to the client and family, and to my students. My core principle is doing good, avoiding harm, telling the truth, keeping promises, treating persons fairly, respecting privileged data and self-determination. My devotion is to my God and the Biblical principle of healing. "To him that knows to do good and does it not, to him it is sin. James 4:17."

Called to do good,

Joanna