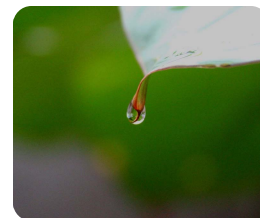


Essential Oils

Than & Now Newsletter

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Ministering to side effects?

Last spring I placed my Thanksgiving cactus under my Rose of Sharon so it would not get too much sun and get enough rain. Before frost I brought it inside and was dismayed to see that something had nibbled on it. I thought of trimming the deformed stems but saw the beginning of tiny pink buds. Despite its imperfections, that plant was going to bloom anyway. I couldn't heal my plant but could place it by a window and water it. By Thanksgiving it was beautiful - covered with big pink flowers.

She had cancer of the liver and esophagus. The surgeon cut the end of the esophagus where the tumor was and attached the stomach so that the stomach resided in the chest. Unfortunately, she had tremendous heartburn and the esophagus would close up so that she could not eat. The doctor then put a stent in to keep the esophagus open. The stent didn't hold, fell into the stomach and again caused severe heartburn as the stomach acid tried to dissolve it. After about 4 months of a regime of essential oils, X-rays showed she was free of cancer. The stomach situation however we could not help. She had tube feelings for awhile and died.

Medicines and surgery are needed sometimes but they do alter body functions. The body and DNA are programmed by the Great Physician to work without manmade chemicals. Symptoms are messages - something inside needs tending to. If doctored by drugs or surgery consistently, chronically, the body chemistry will change and other symptoms arise. When I worked as a nurse in a hospital I would get a rash on my inner left elbow. I applied the cortisone my doctor recommended and it went away. But, it didn't solve the cause. My chiropractor said I would never get better unless I left nursing. That was one solution but not one I was willing to give up. Finally I realized the recurring rash meant "slow down, take breaks." If I didn't, I would get a painful bladder infection which definitely slowed me down.

Stress. Generally women do not recover the fight or flight stress hormones as quickly as men do. If it is true that 90% of illness is caused by spiritual/mental/emotional states it might be beneficial to look at our life style, negative emotions, and/or spiritual state. Some people are not willing to pay the price, or do the work to get or stay well. Others feel unworthy of healing. Others believe they can't get well. So they go to doctors for treatments sometimes alleviating the symptoms but not the cause.

Allen Roses, senior executive at Europe's largest drug manufacturer, GlascoSmithKline, stated, "The vast majority of drugs - more that 90% - only work in 30% to 50% of the people." He also admitted "most prescription medicines do not work on most people...fewer than half the patients prescribed some of the most expensive drugs actually derived any benefit from them."

Alleviating The Cause,

Joanna

One Healthy Life