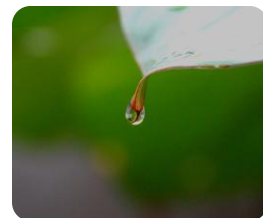


# Essential Oils Then & Now Newsletter

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## THE MUSIC OF THE SPHERES

“This is my Fathers world and to my listening ears, all nature sings and around me rings the music of the spheres.” This perception can be traced back to Jewish beliefs about the orderly cosmos hymning the praises of its creator. (Psalm 148) God created the heavens and the earth. On the first day He created light. On the fourth day God created lights in the firmament of the heavens to divide the day from the night. Then he created the sun, the moon and the stars. No mention of the planets. But since planets apparently don't produce light but reflect it, perhaps the first mentioned lights in the firmament were the planets reflected from the original light. [?] If that is so then that would be the only mention in the Bible of the planets.

In our bodies a symphony of vibrational music is played. It's called resonance. Body parts calling to atoms, molecules, cells, emotions and thoughts of like vibrations to bond together. Music therapy works on this principle in nursing homes, for children with cancer, in our stores to make us happy to spend money. David played the harp for King Saul to calm him. Clinical research has shown specially designed music decreases the need for pain relief medicine, decreases anxiety, stress, and insomnia, and reduced the production of the stress hormone cortisol. Depending what is going on in our environment if negative, these good vibrations can alter causing disharmony and dis ease, or if positive, a peaceful happy health. In a perfect world a healthy pancreas has a frequency of 117.3 (C#), Kidneys 319.88 (E Flat), Adrenals 492.8 (B). Plants and herbs have low MHz – it would be fun to figure out their music tones, and that of animals and bees and gemstones ...All nature vibrates. All nature sings. The celestial bodies also emit frequencies – the earth's orbit 272.2 (C#) its rotation 378.5 (F#); the sun's orbit 332.8 (E) its rotation 497.1 (B). The moon's orbit frequency is 421.3 (A flat) but the moon does not rotate. All the other planets have their tones too.

I never took music theory in school and after all the hours of research and study I decided I really don't care about the history, science and especially , mathematics and geometry equations (not my forte) although it was cool that the ancient Egyptians figured out how to build their pyramids and some of their buildings with pillars by studying spheres.

Sound can penetrate much deeper in the body and is more effective than acupressure and massage alone. This is because sound has the capability to pass through matter and change the vibration of the bodily parts. However these researchers never used Young Living oils which also have frequencies, for example , Lavender 118 MHz, Rose 320 MHz, Sandalwood 96, Myrrh 105, and Peppermint 78 MHz.

We took the class, and bought the tuning forks to use in conjunction with raindrop so you can Come in for a tune-up!

*Joanna*